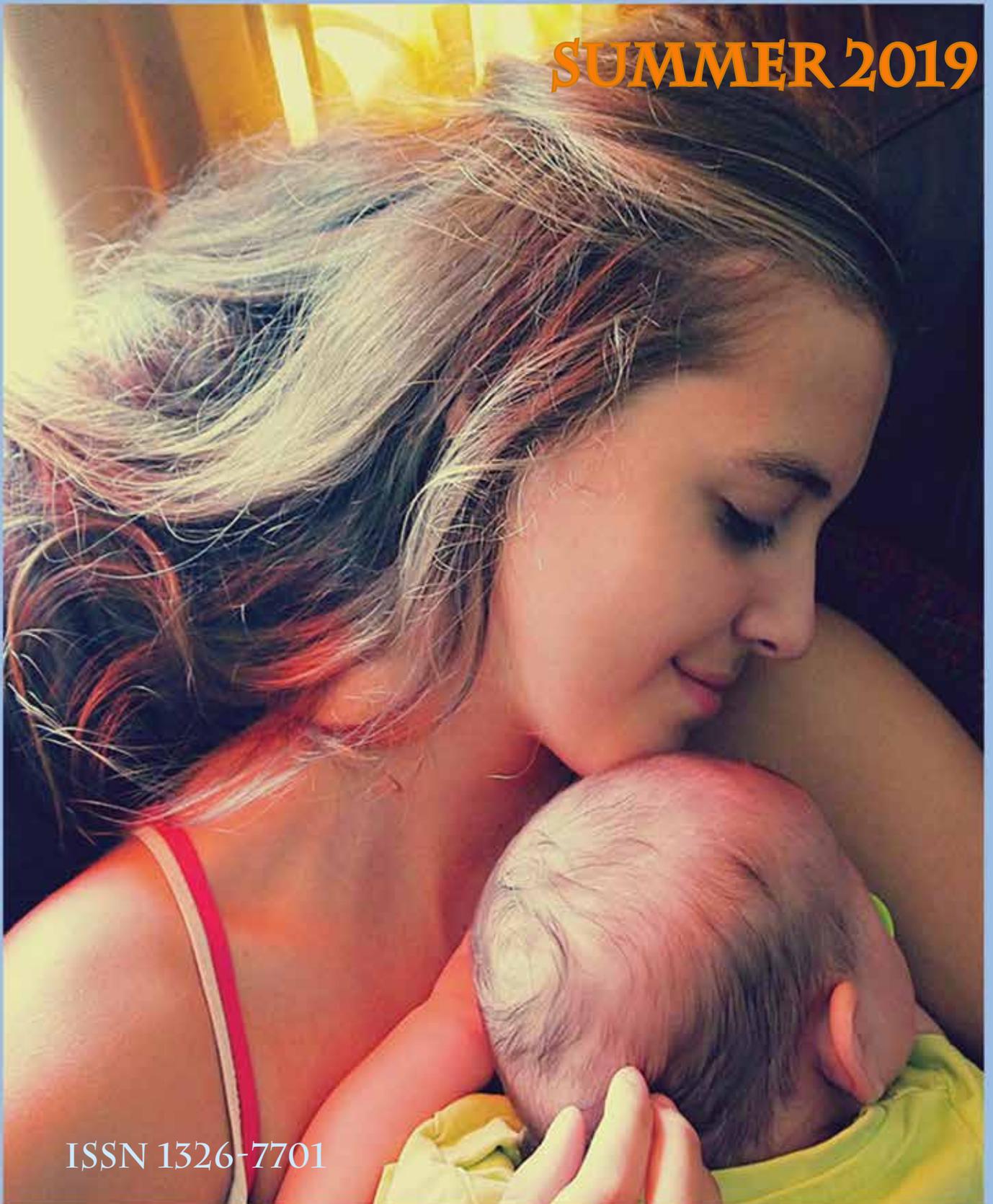


MIA mia

ANGLICAN
MOTHERS UNION
AUSTRALIA

SUMMER 2019



ISSN 1326-7701



President

Rev'd Anne Kennedy
29 Abercromby Road
BLACKBURN SOUTH, VIC 3130
ppmuaustralia@telstra.com

Secretary

Mrs Marilyn Robey
8 Darwin Drive
BATHURST NSW 2795
muaustsecretary@telstra.com

Treasurer

Rev'd Annette Bailey
PO BOX 686
DARWIN NT 0801

ANGLICAN MOTHERS UNION AUSTRALIA

Vision:

Our vision is of a world where God's love is shown through loving, respectful, and flourishing relationships.

Aim & Purpose:

To demonstrate the Christian faith in action by the transformation of communities worldwide through the nurture of family in its many forms.

Objectives:

1. To promote and support married life
2. To encourage parents in their role to develop the faith of their children
3. To maintain a worldwide fellowship of Christians united in prayer, worship and service
4. To promote conditions in society favourable to stable family life and the protection of children
5. To help those whose family life has met with adversity

from MU Australia Handbook
Dec 2009

Mia Mia

A quarterly magazine of
Anglican Mothers Union
Australia.

MIA MIA is an aboriginal
word for 'home' and also
stands for Mothers in
Australia.

Editor: Susan Skowronski
45 Panorama Drive
Glenvale, Toowoomba Qld
4350

Ph: 0746334878
miamia@muaustralia.org.au

Printed by:
Snap Printing
18 Neil St, Toowoomba Qld
4350

Websites -

Aus : www.muaustralia.org.au

UK : www.themothersunion.org

Mia Mia Vol 103 No 2
ISSN 1326-7701



Member of the Australasian
Religious Press Association

Have your say in *Mia Mia*

Suggestions, comments,
contributions and
insights are welcome.

Please send all
correspondence to the editor.

Publication in Mia Mia is at
the editor's discretion.

Deadline for next issue

30 December 2019

(c) Copyright:

**No part of this publication
may be reproduced without
permission**

CONTENTS

Summer 2019

Help! Get me out of here - Anne Kennedy 4

Service- Christine Brain 5

Mary as our Inspiration for service - Robin Ray 6

Help! I don't know what to pray - Christine Brain 8

Empowered to Serve - Christine Jensen 10

O Come Let Us Adore Him - Rev'd Lesley McLean 12

Safe Ministry Training in NT - Kate Beer 14

Psalm 23 Explained 15

What God has called me to do - Denise Lay 16

Tiny Canine Pastoral Assistant 17

Boyup Brook Thanks Volunteers 17

Friendship and Fellowship 18

News from Ballarat Diocese 19

News from MU Sydney 20

Amanda Flynn Play and Care Centre 21

News from Perth Diocese 22

News from Brisbane Diocese 23

North Queensland visits Northern Outreach Areas 24

Buspa - Ministering 26

Snippet from New Zealand MU 27

Trivia 28

Pause for Poetry 29

Recipes 30

News from Publications 31 -32



Help! Get me out of here!
Page 4



*Safe Ministry
Training in NT*
Page 14



*Tiny
Canine
Pastoral
Assistant*
Page 17



*News from MU
Sydney Sudanese
Branches*
Page 22



*Visit to Northern
Outreach Areas*
Page 24



At my new parish, we have a wonderful playground, with swings, slide, climbing frames and entertainment for small children. I took my granddaughter into the playground. She had a great time – and so did I, watching her.

As I walked around the enclosed area, I discovered a gate. ‘Oh, look, a second gate – but it’s too high for me to reach to open’. Suddenly I thought ‘If I can’t reach this gate, how will I reach the latch on the gate we came in by?’

‘Hey, Scarlett – we’re trapped!’ We both giggled, thinking we’d have to wait for a passer-by to let us out! Fortunately Pa was nearby, heard our calls, and released us. Since then, a new step on the inside has been installed for the vertically challenged Vicar and others!

Sometimes we do feel trapped, don’t we? Perhaps it’s an MU job that traps us – no-one else is willing to speak up and take on a new role, and we become disillusioned. For those feeling trapped in a role for which they have diminished passion or energy, don’t be afraid to say ‘I need a break – I’d like to do something else.’ Sometimes we feel responsible for that role, and keep going until all our passion has gone and it becomes a chore. Until you actually do step down and create a ‘space’ for someone else to fill, it won’t change. But that doesn’t mean we just give up!

It’s very important to keep being challenged, even when we are OBE’s. At 98, Rob’s Aunt kept a diary with one weekly entry, ‘Anne – shopping’ - it was something to look forward to.

Did you see the recent *Old people’s home for four-year-olds* on TV? Wasn’t it a delight to see the anticipation in both young and old people as each looked forward to seeing their special friends? They were enlivened, because they were all being challenged!

It’s time to elect new office bearers this year, in most branches and dioceses. Why not step up to the challenge and offer to take up a role in MU? Help and support is readily available from diocesan and Australian executive members. Prayer support is always given, and we know the Holy Spirit gives us strength and courage as needed. Step outside your comfort zone!

That being said – a huge thank you to those who are stepping down, for all the time, energy and work you’ve put into your MU role, and warm congratulations to those in new roles.

Enjoy the Christmas season as we welcome Jesus Christ anew into our hearts, to spread love, joy and peace throughout our unsettled world. May our farmers receive the gift of rain, the homeless - shelter, the hungry - food, and the lonely - friends who will care.

SERVICE



I woke up this morning with a feeling of dread;
It's Sunday AGAIN Lord. Can't I please stay in bed?
I need to bake cookies for church morning tea;
And the linen is waiting to be ironed, don't you see?

The Rector has given to me the big job
Of welcoming strangers, but I feel such a flop.
My knees go to jelly, my mouth feels all dry.
I can't think what to say and I just want to cry.

And Lord, it is raining; I might slip in the wet.
Can't I PLEASE stay at home, Lord? It's much
safer in bed.
Don't I do enough, Lord, to serve you each day?
Without me the church would just... fade away.

I clean it and weed it and decorate too
When the Rector decides that it's time for a 'do'.
I'm on Parish Council-you know what that means!
And our MU meetings- sometimes I could scream!

Oh Lord, I am tired, my legs are so sore
My fingers are twisted. I can't do any more.
Surely it's OK to lay down my broom
And my duster and cook pot and stay
snug in my room?

"My daughter, I hear as you lie there and moan.
All these things that you do- do you do them alone?
Did I not promise to be with you each day?
To help you to serve me in all kinds of ways?

Remember *my* service; my death on the cross.
For your sake, my daughter, because you were lost.
For love I left Heaven to make right the way
Back home to the Father. What more can I say?

This work that you do for my church seems to you
To be tiring and endless and without a "thank you".
But I know what you do, and I want you to see
What you do for these "little ones" you do unto me.

So fret not, my daughter. Don't grumble or moan.
Or think that you do everything on your own.
To serve me is freedom; to serve others too
Is a way to love others as you'd have them love you."

Oh Lord, I am sorry. Please help me always
To serve you with joy. May your love guide my way.
Let me touch others' lives with my hands and my
prayers
With thanks for your kindness, which trumps
all my cares.

Christine Brain (c) 2019





Mary

as our

Inspiration

for

Service

ROBIN RAY

As we approach the end of the secular year and the beginning of the Church's year with Advent and Christmas, I am reflecting on the theme for this issue; 'service'. When I looked up the definition of 'service' in online dictionaries, I was interested to see that the noun and verb definitions were mostly applied to various types of paid service. I had to scroll down to definition numbers 22-24 (Collins Dictionary.com) before I found an implication for the voluntary nature of service. Perhaps this mirrors the sad state of our society, where monetary or other recompense for service has become the expected norm.

What should service mean for members of AMUA?

If you are using this article as a resource in your AMUA meeting, take a few minutes to think about this question and the one below, then ask members to share their answers.

Returning to our current Church season, I want to focus on Mary's act of service to God: 'Here am I, the servant of the Lord;' (Luke 1:38 NRSV). Apart from many other things, this act of service brought Mary to motherhood and the responsibility for the nurture of Jesus through childhood. Mary's willingness to accept God's call to serve Him ('...let it be with me according to your word.' (Luke 1:38 NRSV) despite the major social implications of being pregnant before marriage and the demands of the Roman occupation, introduces us to some of the challenges Mary was prepared to face as she served God.

Invite members to reflect on how they can live into the words of Mary. Write the shared answers up for everyone to see and use as a reflection. Gather the insights for further AMUA action.

In Australian society, being willing to serve God through Advent and Christmas presents us with the challenges of our first world country, not occupied by Romans but pervaded by individualism and commercialism. Instead of Advent being a time of spiritual preparation, deeper study of God's word and denial of self, socially, Advent has become a time for parties, frenetic preparations for visitors, Christmas eating and the pressures associated with gift giving.

About three decades ago when I was teaching Sunday School in the Diocese of Rockhampton, I came across a pattern for making an Advent Calendar. In the lead up to Advent Sunday, this pattern gave the children and myself time to think about how we could prepare spiritually as well as incorporating some of the traditional preparations for Christmas. We found bible verses, discussed things we could do for family and friends and achievable preparations for Christmas. We made our calendars with stiff cardboard, cutting out enough windows so that the calendar could be used every year regardless of the length of Advent. (The season of Advent varies from year to year. If Christmas Day falls on a Monday, Advent is the shortest it can be because Advent Four is the day before). Children drew their own images, used cut outs from old cards and wrote words that had meaning for them. The calendar highlighted each of the Sundays in Advent as a constant reminder that in the service of Christ we are called to worship, renewal and refreshment that comes from meeting together with others in the service of our Lord. As the children opened a window each day they were reminded of the important things about Advent and not just the anticipation of Christmas presents. Each year, we reminded the children about their calendars and encouraged their continued use. When we house moved last year, we discarded the original Advent calendar – time to make a new one!

While we acknowledge the individualism and commercialization of Australian society, we must not let social pressures and the busyness of life take away the importance of our spiritual preparation for the next phase of our service to God in 2020. Again, I encourage you to reclaim Advent and Christmas as times for preparation and renewal for your service to God so that we like Mary can say 'Here am I, the servant of the Lord'.



HELP! I DON'T KNOW WHAT TO PRAY!

CHRISTINE BRAIN

AS CHRISTIANS WE KNOW THAT PRAYING IS A GOOD THING. JESUS DID IT, AND HE EXPECTS US TO DO IT. HE EVEN LEFT US A SAMPLE PRAYER TO HELP US DO IT.

Often, we know the people or situations we are bringing before the Lord, so praying for them is pretty straightforward. Are they sick? We pray for strength and healing. Are they sad? We pray for comfort. Are they worried or anxious? We pray for peace and wisdom in decision making. Do they have material needs? We pray for the provision of food or shelter or a job. Are they burdened with cares or suffering persecution? We pray for relief of their suffering and grace to bear up under trouble.

But sometimes we want to pray for others and we don't know their circumstances. What then? Is it enough simply to pray, 'Lord, bless ...' and leave it at that? Of course, the Lord knows our needs (and everybody else's) so we could leave it at that. But that seems to me to be a bit of a cop-out; a way to pray at arm's length, without really seeking to bring those we are praying for before the Lord in any meaningful way. We could turn to some of the prayers written by others and found in our church prayer book or our own AMUA Worship and Prayer book. These and other collections of prayers are all very helpful resources to call on.

However, I want to suggest that we also have at our fingertips some other wonderful patterns

for our prayers, whether we know the people we are praying for and their particular situations or needs, or whether we don't.

I'm speaking, of course, of the prayers found in the Bible, especially those found in many of the Apostle Paul's letters to the churches in the New Testament. Here's an example of what I mean:

In writing to the church in Philippi Paul prays *'My prayer for you is that you may have still more love—a love that is full of knowledge and wise insight. I want you to be able always to recognise the highest and the best, and to live sincere and blameless lives until the day of Jesus Christ. I want to see your lives full of true goodness, produced by the power that Jesus Christ gives you to the praise and glory of God.'* (1:9-11, Phillips translation). I can use Paul's words to guide my prayers, for example, for a missionary I may not know well, or Mothers Union members overseas, like this:

'Lord, I pray that the Mothers Union members in ... Diocese might be full of love; a love that springs from knowing you. I pray that they might always recognise the highest and best, and live sincere and blameless lives until Jesus returns in glory. May their lives be full of real goodness which Jesus Christ gives so that they may bring praise and glory to God.'

God desires that people come to Jesus and grow in their knowledge of him

Or, using Paul's prayer for the Christians in Colossae, which reads *'We are asking God that you may see things, as it were, from his point of view by being given spiritual insight and understanding. We also pray that your outward lives, which men see, may bring credit to your master's name, and that you may bring joy to his heart by bearing genuine Christian fruit, and that your knowledge of God may grow yet deeper.'* (Colossians 1:9-10, Phillips translation) I could pray 'Lord, I pray that the Mothers Union members in ... Diocese may have spiritual insight and understanding from you. I pray that their lives may bring credit to Jesus' name and may show genuine Christian fruit. Please help them to know you better and continue to grow in their love for you.'

We know that God isn't impressed by the length of our prayers, or their loudness, or their flowery language.¹ We know that what God asks of us is sincerity and a desire to bring him, not us, glory. We also know that God desires that people come to Jesus and grow in their knowledge of him. Using these prayers to guide us we are able to focus our thinking and be prayerful about the things which God is concerned about. So when it's time to pray but you don't know what to pray, why not use the prayers of the Bible as your model.² You can pray like this for me any time!

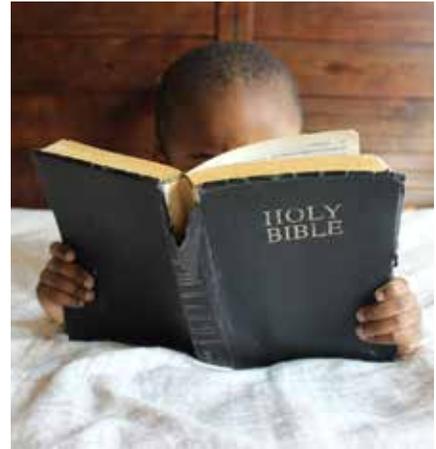
1 Luke 18:9-14

2 E.g. Ephesians 1:16-19; Ephesians 3:17-19; Colossians 1:10-14; Colossians 3:14-17



Empowered to Serve

CHRISTINE JENSEN



This world promises freedom, but we don't seem to be free.

There is a lot of pressure in modern life. There always seems more to do, no matter what age we are. My daughters and daughters-in-law are the mothers of our grandchildren and I watch on as they juggle the demands and complexities of contemporary family life. We live in a society where both parents work and family life is ever more demanding. Even as we retire, we are being called on for help, as well as facing the challenges of age, health and financial issues.

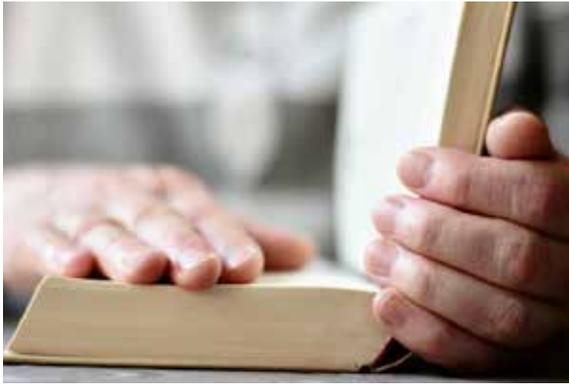
I wonder if our expectations are too high. We are constantly being told that we should be able to fulfil all our dreams, that we have the freedom to achieve. Whether our expectations come from our own personalities, or from friends and family or from our culture, they add up to pressure. People are exhausted, discontent and become competitive and envious. We do not find the freedom the world promises us.

It is easy to lose sight of God.

How does the Bible help? It tells us that our first goal, in this life and the next, is to serve the Lord:

'We make it our goal to please him, whether we are at home with the body or away from it'.
(2 Corinthians 5:9)





God doesn't say here how we are to please him, but he wants us to have the desire to please him, in the same way as we long to please those we love.

Pleasing God by serving him is the ultimate goal in your whole life. Our prayer book says that his service is 'perfect freedom'. How do go about doing this? Let me suggest four things:

1. Remember our hope. In the midst of this world it's hard to believe that eternity awaits us. We get caught in the day to day, whether going to work, caring for children, or even keeping fit. But, we are on our way home to eternity to be with the Lord. And while we wait with hope, we are to make it our aim to please him.

2. Be right with God - being in relationship with God is key to pleasing him. It's such a precious gift. It's not about what we do, what we achieve. It's about putting the guilt of the past behind us through Jesus, and receiving his forgiveness. This is real freedom. Being in a right relationship with God means we can call him our Father. As we serve our Father, we experience 'perfect freedom' because he knows what is best for us.

3. Listen to God. We don't just absorb God from the atmosphere. He makes himself known. He has not left us in ignorance or darkness but given us the light of his Word. I remember when my twins were babies. Going to church and bible study was what kept me going during those times. Sometimes I was exhausted by the time I got there, but it kept me anchored in the things that mattered. I could read the Bible undistracted.

4. Walk in God's way. Is your life pleasing to God? Are you wise in the decisions you make? Do you make the most of every opportunity?

In Australia as in most western nations, being a Christian can be very challenging. And as we've seen in recent times taking a Christian position can be polarizing. How do you cope with that? How do you make the most of every opportunity for Christ in this current climate?

Maybe you feel overwhelmed, or it's all too much. How can I have the strength to serve God in a way that pleases him?

Remember this: What is our aim? What is our goal? It is to please him. And when we go home, home to glory, that will be aim of our life there too.

Meanwhile, although doing his will is a big task, and we might be overwhelmed by the challenge of it, we must remember that it is God who enables us and he has something for us to do each day.

Through Jesus, he has set us free to serve him. In doing his will, we find our perfect freedom.

Christine Jensen



O Come let us adore HIM!

REV'D LESLEY MCLEAN

How easily these most familiar of words spring forth from our mouths in song when we're standing on the lawn of the local school at the 'Carols' with the rest of the community.

Adore is a word we would only use when talking about the love of our life, our children, parents perhaps, chocolate certainly.

Some will say Christmas carols, community singing is all sentimentality, that our Christianity is better guided by sensible, pragmatic programmes, organised with business-like efficiency and rational motivations.

Some will say that emotions are the most helpful in worship and have a touch of envy for gospel singers who can lose themselves in the headiness of the atmosphere created by the music.

There is no doubt that there are many different styles of worship that suit: what we have grown up with, that affect our senses, or give us an experience that somehow leads up further into the love of God, the knowledge of Jesus and the guidance of the Holy Spirit.

These weeks leading up to Christmas, commonly known as Advent, is a useful time to reflect on what we are actually doing when we WORSHIP. After all, the we



have some interesting characters in the Gospel stories as MODELS of what worship is about.

Consider the typical Nativity Scene: centre stage is the Babe. The parents, Mary and Joseph don't look proudly at the camera, their gaze is upon the CHILD. The shepherds, the ox and ass, representing the humble and poor of creation, the workers the plodders, those used and abused; their attention is thoroughly absorbed adoring and praising. And of course the Wise Men, the learned ones, the foreigners, the wealthy; not even they are debating the situation or offering pearls of wisdom. They too stoop and adore. All Nativity characters assume the pose and follow the lead of the heavenly host who sing praises.

Christmas is a special time. It is when we are invited to adore: to love our brother Jesus. As with all our relationships we must put in the loving, the knowing the learning, the giving, the understanding. 'Getting to know you; getting to know all about you'. How much do we do this for our families, our neighbours and our friends? How much more ought we to do for the adoration of the High King of Heaven.

St Paul in Romans 12 (and his words in the post communion prayer in Book of Common Prayer) We here present to you ourselves, our souls and bodies to be a holy, lively and reasonable sacrifice. He was teaching a new way to worship which he called 'the Body of Christ'.

Our Anglican liturgy pays attention to the angels, to Mary and Joseph, to St Paul. Ours is Corporate Worship – that is we gather like the shepherds and the Wise Men as one Body. There are no prizes for who is best worshipper, no personal accolades for is the best thinker or commentator. Our 'service' is praise, our attention is on the one who comes in Word and Sacrament. We receive Jesus's blessings in thankfulness. We may even be overwhelmed that we are so undeserving of so great a gift.

Whatever our social status, our learning, whenever and wherever we meet for Worship we come before Christ singing his praises in ADORATION. He is OUR Lord and we are the sheep of his pasture.

O Worship the Lord in the Beauty of Holiness



***I give
thanks to
Christ Jesus our
Lord,
who has given
me strength for
my work.***

***I thank him for
considering me
worthy
and
appointing me to
serve him***

1 Timothy 1:12



Safe Ministry Training in the NT

Kate Beer



Esther Wilfred (Church Leader from Minyerri) with Rev'd Kate Beer.

I leave home at 6am, driving through Darwin to pick up my passengers for the long drive to Minyerri. Minyerri is about 7hrs drive from Darwin, an Aboriginal community located right near Hodgson Downs cattle station. St Barnabas Anglican church in Minyerri mainly comprises Alawa people, who speak Kriol.

I am excited, because we have finally managed to align the schedules so that our safe ministry consultant, from Sydney can come with us and see first-hand, the challenges of running safe ministry workshops in this context.

‘What time will the training start?’ he asks me.

How to answer? His question tells me he is unsure what to expect. After eight years, the truth is, so am I! Every visit is so different. All I have come to expect is that I won’t know what will happen. Life in most remote communities does not run according to a clock. People rarely wear watches. Time is mostly measured by what time the sun goes up or down, or by mealtimes.

‘Well,’ I finally offer, ‘I told one of the church leaders we would be there when they finish work.’

As I go around town, there are hugs and big smiles, and a repeated refrain: ‘We didn’t know you were coming!’ It is clear that the communication about the training has not really gotten through to the church members. It turns out that a new worker in the council thought she was helping by printing the posters and sticking them up around town, instead of handing them to the main church leader. Because the worker was new, the church didn’t make the relationship-link between the posters and the people they know from the Anglican Diocese.

All the same, quite a few people welcome the invitation to the training and by 5pm, we have 11 people in the training room, dinner in the slow cooker and the workshop begins.

I lead the training in a mixture of English and Kriol, going slowly to help the people understand what it is all about. There is laughter and wisdom shared as we practice risk management by planning a (hypothetical) church fun day to reach out to the community. Despite language and cultural

barriers, there is a mutual concern about how to keep the little ones safe so they can enjoy coming to church. Later, when the men have gone into the other room to talk about topics not culturally appropriate in mixed gender groups, some kids start throwing rocks at the training room. The disruption can no longer be ignored when the kids start to target the windows. Eventually, the police are called, and the kids scatter as their vehicle approaches. I thank God that our safe ministry workshop didn't result in any injuries!

The rest of the workshop proceeds without incident and by 9pm, the training has finished, and people go home. One of the participants comments as they leave: 'It is really good for us to

'It is really good for us to talk about these things – it's good that you came.'

talk about these things – it's good that you came.' I am pleased, and glad to support the church in reaching out to families in this way. Even better, our consultant tells me how encouraged he is by what he saw. 'I get it now', he tells me. We talk about it on the long drive back to Darwin. Next day, while he waits for his flight back east, I meet him at the airport so we can make changes to the presentation – improving the workshop all the more.

I am so thankful for Mother's Union, and this very practical support the members give to our culturally and linguistically diverse Diocese. It is so clear that the mainstream packages would not be helpful here. So MU's support is making a real difference to the church's ability to provide meaningful training to congregations about making our churches safe places for children and vulnerable people. Thankyou.

Psalm 23 – Explained

The Lord is my Shepherd

That's Relationship!

I shall not want

That's Supply!

He maketh me to lie down in green pastures.

That's rest!

He leadeth me beside the still waters.

That's Refreshment!

He restoreth my soul

That's Healing!

He leadeth me in the paths of righteousness.

That's Guidance!

For His name sake

That's Purpose!

Yea, though I walk through the valley of the shadow of death.

That's Testing!

I will fear no evil.

That's Protection!

For Thou art with me

That's Faithfulness!

Thy rod and Thy staff they comfort me,

That's Discipline!

Thou preparest a table before me in the presence of my enemies.

That's Hope!

Thou anointest my head with oil,

That's Consecration!

My cup runneth over.

That's Abundance!

Surely goodness and mercy shall follow me all the days of my life.

That's Blessing!

And I will dwell in the house of the Lord.

That's Security!

Forever!

That's Eternity!



Each of you should use whatever gift you have received in service to others, as faithful stewards of God's grace. Peter 4:10

The word *service* will have different meanings to different people. However, as Christians it is the act of doing things by showing God's love to others with a willing heart, by sharing the gospel and helping others. As we read through our Bible it gives many examples of Christian service to others. Maybe for us it is thinking *what is my purpose, what has God called me to be or do?*

You may now be wondering what track my article is going down?

I am quite sure many members, like myself have an interest in genealogy and undertake family research, which for me has spanned over 35 years, as we try to answer questions and unlock doors. Personally, I wondered why my great, great Aunt Isabella born in 1874 in a small rural town in Victoria, baptised into the Church of England, where it appeared she regularly attended, would have the Salvation Army crest on her grave? Recently I found out why.

For unknown reasons in 1899 Isabella entered the Salvation Army Training Corp in Collingwood and worked herself through the ranks to become an Adjutant and died at the age of 51 years. She became part of the Fallen Sisters Brigade working amongst the slums, homeless and prostitutes, many being young girls, in the early evenings and nights, be it rain, hail or shine, in Melbourne and Sydney, often at times going into dangerous situations. Similar work took her to other parts of Victoria and New South Wales. Trained as a nurse she was sent to McBride in Adelaide to become Matron of the Hospital helping unmarried pregnant girls and also young married mothers.

At her untimely death in 1925 many letters were sent to the Salvation Army by those whose lives had been touched by Isabella, saying how much her kindness, help and advice had changed things for them. The Army paid their tribute as a highly valued Salvationist, who as a soldier for God, had shown great service in his name, and greatly and rightly deserved the honour of the Salvation Army crest on her grave.

Isabella's sister was a missionary whose work and service over many years was in the Samoan Islands. Through faith and trust in God they were called to a special service, under the great commandment *that you love one another, as I have loved you.*

Mary Sumner, in Christian service, saw a need not only within the Church but to others by showing concern through the love, empowerment and grace of Christ. As members of Mothers Union, we too are called to continue in our service under our aims, objects and mission statement.

In Christian friendship and love.

Denise



TINY, CANINE PASTORAL ASSISTANT

Ten years ago when Mothers' Union member Jan Payne took her little dog Tiny to visit a friend in the local Care Home, she didn't realise that he would become such an institution in the Diocese of The Murray.

The Pastoral Care Team of the Strathalbyn Pastoral District work tirelessly within the area visiting private homes, hospital when needed and the town's two nursing homes, Estia and the High Street Nursing Home. They provide help in the form of transport to and from church services, medical appointments, to and from Mothers' Union meetings and events, as well as other activities or meetings.

By far and wide the most popular member of the Pastoral Care Team is its smallest and furriest member, Tiny, the area's only Canine Pastoral Assistant. He regularly attends church services in both nursing homes, as well as the occasional visit to Christ Church, Strathalbyn, on Sunday mornings where he is blessed for his continued work and ministry.



When residents are taken out for walks, Tiny is there, either walking alongside or on the lap of one of the wheelchair residents.

At Estia he is free to roam the complex off lead and is well known to both staff and residents, as well as their visiting family members. Tiny has been described by many of the residents as their 'favourite volunteer' and has even received a Certificate of Appreciation from the centre in recognition of the valuable work he and the rest of the team, does in bringing some light, joy and love into the lives of the people he visits.

Eileen Smith

BOYUP BROOK THANKS VOLUNTEERS

Boyup Brook is a town in the south-west of Western Australia, 269 kilometres south-southeast of Perth and 126 km east of Bunbury with a population of about 600.



Six of our seven MU members are very active volunteers, being lay members, parish councillors, gardeners, musician, readers, intercessors, welcomers, sacristan, cleaners, flower arrangers, PowerPoint operators and pray-ers.

This photo of Carole, Betty, Jan and Bev was taken on 10th August as we prepared to host our annual Morning Tea for everyone who volunteers at St Saviours. We had 14 people attend and it is a good way of seeing some of our people who volunteer but rarely come to a service.

Jan Ritson



ST LUKE'S DAPTO, NSW FELLOWSHIP LUNCH

For our September meeting we went out for lunch. Our church has a cafe which is a good place for ministry, for gathering together, catching up and good food. We are thankful to God for our friendship and fellowship in the Lord because we are in His family.

It was a special lunch for them as it was at a venue where some of the less mobile members could manage.

Joan Tasker, MU Sydney Vice President Wollongong Region

Friendship & Fellowship

BURNETT DEANERY FRIENDSHIP DAY

Members from Bundaberg, Hervey Bay and Gayndah in the Burnett Deanery gathered at the Coalstoun Lakes 97-year-old Community Hall and the historical St Thomas' Church.



ABM guest speaker, Sarah Gover, shared her experiences in Rwanda, a highlight being the enthroning celebrations of their new Archbishop Dr Laurent Mbanda.

Sarah gave us an insight into how the Governing regime, following the genocide, had resettled its people by giving them both cattle and crop farming. Slides of the enthroning showed MU men and women wearing blue being distinctly separated. We heard that although the younger generation wanted change, they had no comprehension as to what their grandparents and parents had gone through.

Helen Jarvis

The lifeblood of Mothers' Union is the commitment, faith and compassion of its members and friends.

Generations of women and men have invested in Mothers' Union, so that today it is healthy, alive and growing. Now the future is in our hands



'like a tree planted by water, with roots that reach deep by the stream...' Jeremiah 17.8

Legacies can make a lasting difference to MU Australia's future. To find out how you can include us in your Will, you can contact:

MU Australia,

Marilyn Robey,
Australia Council Secretary,
8 Darwin Drive,
Bathurst NSW 2795
email: muaustsecretary@telstra.com



Ballarat celebrates Mary Sumner Day



Ballarat Deanery celebrated Mary Sumner Day at St Paul's Bakery Hill. New Priest Snr Elisa CSC celebrated the service, and with an active Branch is learning about and participating in Mothers Union, which is great.

We were interrupted when a surprise visitor made an appearance in a time machine.

A luncheon followed making it a happy day of fellowship.

Thank you to Rockhampton Diocese for allowing us to use their play, slightly modified.

West Wyalong celebrates 60 years

St Barnabas Mothers Union West Wyalong, part of the Bathurst diocese in NSW, celebrated their 60th Birthday with a luncheon on 22 June 2019. A gathering of 35 past and present members, travelled from destinations extending from Queensland, the Australian Capital Territory to coastal, metropolitan and rural News South Wales.

Presentations for the achievement of significant milestones were made on the day to local members Alice Pellow – 60 years membership and Lesley Sayers – 25 years membership, by the current group President Mary Staniforth. Group member Patti Turner who was unable to attend our celebration, achieved a certificate in recognition of 15 years membership.

A framed certificate of achievement was presented to our group by Marilyn Robey on behalf of Lorraine Clarkson, Diocesan President of the Bathurst MU Council. Friendships were re-kindled, and memories shared creating an atmosphere of warmth and joy. Photograph albums were passed around which captured the history of St Barnabas MU over the past 60 years.

Group President, Mary Staniforth cut the birthday cake along with the longest serving member Alice Pellow.

Susan Haines



A New President for MU Sydney's South Sudanese Branches



On 21 September 2019 members of the three MU Sydney South Sudanese branches gathered for a teaching day led by Christine Jensen and her daughter, Beth Braga (Pictured above with Monica Beil at left and Elizabeth Lual on right). The theme was *Walking in Hope* and we all benefitted from considering that although the hope offered by the world is precarious, God's hope is certain and secure.



At the meeting Mrs Elizabeth Lual retired as President of the Sudanese Branches after serving faithfully in this position since 2006. Sydney Diocesan President, Mrs Wendy Mayer thanked Elizabeth and made a presentation to her from MU Sydney. Mrs Monica Biel (pictured on left above) has been confirmed as the new Branch President.

Members with supporter from Sydney Helen Coonan at left, and singing at right.



Official Opening of Amanda Flynn Play & Care Centre Brisbane

Mothers Union in the Brisbane diocese contributed \$30,000 towards the establishment and refurbishment of the Young Women and Children Supported Accommodation Program (previously known as The Women's Shelter) to be used for playground equipment for The Amanda Flynn Play and Grow Centre.



His Grace, the Archbishop of Brisbane, officially opened and blessed the new Play and Grow Centre in the presence of the family of Amanda Flynn and a large number of supporters, donors and friends of Anglicare. Marilyn Dunning represented AMUA Diocesan President Beverley Perry. Twelve members of Mothers Union attended this very happy event to see how AMUA's contribution will make many mothers and children happy now and over the coming years.

Amanda died in tragic circumstances early in life.



News from Perth Diocese

The **Northern Area** President, Mrs. Karen Severin, invited all the MU Branches in the north of Perth to a Festival at St. Pauls Church, Wembley Downs in early July. It was a very happy occasion with many members meeting old friends from other Branches, all of whom had plenty to talk about. The day started with a Eucharist service led by Rev. Jack Thompson with several members helping with the service. Members are all looking forward to the next Festival.

The ladies of **St. Andrew's Church, Shelley** held an MU Fund Raising Beetle Afternoon in July. This was attended and enjoyed by members, friends, family and neighbours. There was a sumptuous afternoon tea, a Grand Raffle and a very successful Bring and Buy table. The afternoon yielded a profit in excess of \$700 which will be used for three projects for the State Mission Projects.

A group of MU members from **Carine Duncraig** Branch Craft Group went to visit the factory where Wheelchairs for Kids are made. These ladies knit and crochet knee rugs for the project. They were given morning tea while Br. Olly Pickett explained about the charity and what would be seen on the tour. All the 225 workers are volunteers and the project is totally funded by donations a truly worthwhile charity. They make 300 chairs per week which are distributed all over Africa, Asia and Pacific Islands. They have a poster on the wall which *says*:

*Children with DISABILITIES are like butterflies with a broken wing.
They are just as beautiful but they need help to spread their wings"*

The wheelchairs are all brightly coloured in primary colours and totally adjustable as the child grows. For a cost of \$200 each child is given an adjustable, all terrain, fully cushioned wheelchair with body harness and foot restraint; other safety features are given as required. The gift also includes a detachable tray, carry basket, colourful knee rug and a soft toy as well as spare cushioning, fasteners and a tool kit.

The belief is that this gift can change the life of a disabled child and every family member. The orders are placed by Humanitarian Aid and on receipt the medical personnel and Physios are on hand to help every child with any adjustments and teach them how to "drive" their new wheels.

A **Perth Diocese** Quiet Day was held at St. Lawrence Church, Dalkeith. The day started with a short Service led by Rev. Dale Appleby, who followed this with a talk about Mary and Martha and the different ways they showed their love for Jesus. This provided a great subject for meditation and prayer. The day was completed with a Eucharist Service.

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. James 1:17



Long Service Awards - Brisbane Diocese

MARILYN DUNNING

A 50year badge and scroll was presented to Marilyn Dunning at NE Deanery Day at St Matthias Zillmere by Brisbane Diocesan President Bev Perry.

Marilyn joined Mothers Union in 1969 in the Gladstone Branch, Diocese of Rockhampton. Over her 50 years she has been a member of Branches in Gladstone, Sunnybank and Hendra/Clayfield serving as President of Sunnybank Branch, in 1978-1981 and 1998-2001. Marilyn served as Brisbane Diocesan President for 5years and filled many other executive positions.

Marilyn is pictured with her husband Ross and family members who have always been very supportive.



GLORIA BRADY

During the service to celebrate 112 years of continuous worship and service by AMUA, St. Mark's Warwick Branch a 50 year badge and scroll to were oresented to Gloria Brady by Diocesan President, Mrs Beverley Perry.

Gloria has been a very active member and is currently the branch president of Warwick



IRENE GRAVIN

Beverley also travelled to Dalby to present badges to two Lone Members. Irene Gravin received her 50 year badge and Glenda Holmes a 30 year badge. Although the branch closed some years ago, lone members are still actively upholding the aims and objects of AMUA.



And new members too!

NORTH PINE

It was a special occasion for North Pine in August when Annie Bower, Mary Snell, Eunice Taylor and Lyann Taylor joined the Branch. Evis Masvuare who joined Mothers Union in Zimbabwe many years ago was also welcomed into the fellowship of North Pine.

President Judy Tainton added a special touch by inviting the five ladies to ask a current member to stand with them to provide support and love as they were admitted and welcomed during the Eucharist at the branch gathering.



L-R: Penny Smith, Mary, Glenda Ebert, Eunice, Lyn Heaton, Annie, Alma Gibb, Lyann
Back President Judy, Rev Bruce

VISIT TO THE NORTHERN OUTREACH AREAS DIOCESE OF NORTH QUEENSLAND

As part of the MULO program, we spent many weeks travelling to the distant areas of our Diocese. We visited Ingham, Bowen and Mackay and presented workshops at each place. We then went north, visiting Innisfail, Cairns, Mossman and Atherton and Townsville.



In the Torres Straits, the final area visited, we held meetings with MU and GFS members and clergy at Bamaga, Thursday Island, Murray Island and at Moa Island. We are very grateful to AMUA Overseas and Northern Outreach department, as we could not have accomplished this trip without the funding we receive from them.

Four members of our Executive undertook this four day trip: Viv Feltham (Promotion and Education), Rhonda Windsor (Overseas & Northern Outreach),

Salu Blanco (Vice President, Torres and Cape Area) and myself. We were accompanied by the Archdeacon The Ven Christopher Wright who is well known in the area and was able to give sound advice as we travelled.

At our first stop Bamaga we were able to visit Seisia, Umagico and Injino, where we had the opportunity to visit the Church of St Michael and All Angels where their Mothers Union banner takes pride of place in the church. Bamaga is the home of Salu Blanco our Vice President, and she had arranged dinner for us at St George's Church before we presented our Workshop. Rhonda set up a small bookshop and this was well patronised.



Our workshop went well with the members participating enthusiastically. The beauty of the MULO program is that it is easily adapted to cover different sized groups and differing levels of education. In every workshop, the members were able to recognise their personal gifts, were able to celebrate what they have achieved in the past and what they are presently doing, but were also able to produce a framework for a new project (a new step forward), which they hope to undertake in the future.





We flew from Bamaga to Horn Island, and then by ferry to Thursday Island for a workshop at the church hall of All Souls and St Bartholomew Church. Although there were not a lot of members present, they were very keen to participate. As well as celebrating the past, these members produced two frameworks for future projects.

The next morning we took the ferry back to Horn Island and boarded a small 8-seater plane to Murray (Mer) Island. Mer is the eastern-most island of the Torres Strait group and our venue was St James' Church, set right on the beach. As it was the school holidays, there were a number of family members with the Mothers Union members, including young women and men and

lots of children and babies. It was lovely to see all the generations together, enjoying each other's company.

We were blessed by seeing a large cross in the sky before our meeting began. The spirituality of the ladies is amazing and they saw the cross as a sign that our meeting was being blessed by God. The enthusiastic large group broke into three groups to work on their frameworks of future projects and we are looking forward to some positive outcomes.

After overnighting at Horn Island, we took our small plane to Moa Island. A half hour taxi ride from the airport took us to St Paul's Church where we met the members, again under a covered shade area next to the church. Two groups worked on frameworks for future projects. Two of the participants were men who came along to support the members.

In the islands, members often speak three languages. Firstly, their own island language, then Torres Strait Creole, with English as a third language. We, as presenters, only had English, and our Vice President Salu was a great help in translating for us.

One of the blessings in the Diocese of North Queensland is that we have diverse cultures and our meetings are enhanced by the insights, contributions and spirituality of our indigenous members. It was a great blessing for us to travel around our beautiful Diocese. The time taken to travel to all of our areas was very worthwhile. Members were that we were able to visit them and we enjoyed the experience as well.

It again reinforced for us the cost in both time and money that our sisters have to commit when they travel to meetings and our yearly Conference. We hope to do another trip next year (God willing), to again visit these vibrant and faithful members of Mothers Union.

Anne Watins





Have you noticed that the terminology we use in the church varies from denomination to denomination, and even in the same denomination from State to State, region to region? Some church leaders are called ministers, pastors or priests and may be addressed by different terms such as Reverend, Father, Pastor. I have no doubt that each term is used for a very good reason, but my question today is 'Is the role of ministering restricted to the person called the Minister or pastor, Priest, Reverend, Father etc? The dictionary gives us the understanding that the word was originally introduced in the late 14C with its origins in an old French word *menistere* and from latin origins of the word *ministerium*. These words give us service, ministry position, office, service, attendance.

If our minister's role is 'one who serves', do we as Christians also have a role as 'one who serves'?

Does the Bible have something to say about this specialist role of service that applies to each of us as individuals? As we look at this, it is critical that you do not misunderstand anything I am writing about the role, function or purpose of our church leaders – our ministers, pastors, priests, deacons, bishops. From the origins above we find the word 'office' included – and for some churches the term 'holy office' is used.

But as a member of the Mother's Union of Australia, as a member of the Australian Christian church, please ask yourself the question 'How do I minister to those around me?'

I was greatly encouraged when I read the following about David Livingstone the famous missionary explorer who ventured into darkest Africa in the nineteenth century, and had a magnificent summary of what he regarded as 'missionary service', and it shows in his attitude as he embraced all aspects of life and living in his day to day service for Jesus.

'Nowhere have I appeared as anything else but a servant of God who has simply followed the leadings of His hand. ... I have laboured in bricks and mortar, at the forge and carpenter's bench, as well as in preaching and medical service. I feel that I am 'not my own'. I am serving Christ when shooting a buffalo for my men, or taking an astronomical observation. ...'

There are many tasks that need to be completed in our home and in our church community, and some are better than others in doing things. Yet the beautiful thing we experience in the service of The Lord Jesus is that we can find things to do in our uniqueness. In the early stages of the Christian church, we read in Acts Chapter 6 there was a need to choose people to wait on tables. Does that sound a familiar task? Verse 3 gives us an indication of the prerequisite for service of The Lord – ‘Brothers and sisters, choose seven men from among you who are known to be full of the Spirit and wisdom.’

In the early stages of the Exodus (Exodus 31 1-11) when God needed to have the Tent of Meeting and the Ark of the covenant built He said of Bezalel *I have filled him with the Spirit of God, with wisdom, with understanding, with knowledge and with all kinds of skills – to make artistic designs for work in gold, silver and bronze, to cut stones, to work in wood, and to engage in all kinds of craft.*

God calls each of us to serve Him in some way. He enables us and gives us the skills needed. He fills us with His Holy Spirit and empowers us to minister to those around us.

Ephesians Chapter 4 builds on this – ‘¹¹ So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, ¹² to equip his people for works of service, so that the body of Christ may be built up ¹³ until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.’

We all are ‘ministers’ with a task to ‘serve’ those around us, and it may be a simple task. ‘And if anyone gives even a cup of cold water to one of these little ones who is my disciple, truly I tell you, that person will certainly not lose their reward.’ (Matthew 10:42)

John Cronshaw

MU AT WORK IN NZ



Buckets in Birkenhead

Christine Ball, member of Mothers' Union at All Saints' Birkenhead writes:

On 26 June, All Saints' Birkenhead MU held our annual Bucket Day. Members brought buckets, pegs, and cleaning materials, for donation to the Granger Grove residential programme for young mothers, at the Anglican Trust for Women and Children in Otahuhu, South Auckland. Two of the staff at the ATWC, Katrina and Paula McKenzie, spoke to us about the programme, how much they enjoy working with the young mums and their children, and the great benefits the programme achieves for both parents and children.

At the end, we helped the staff fill up their car with all the donated materials. It was quite a sight! One of our oldest members, Jocelyn Windsor, in her 90s had knitted 19 pairs of slippers. She is in the front of the photo, wearing red jacket & blue trousers.

TEN WAYS TO LOVE

1. Listen without interrupting (Proverbs 1.8)
2. Speak without accusing (James 1.19)
3. Give without sparing (Proverbs 21.26)
4. Pray without ceasing (Colossians 1.9)
5. Answer without arguing (Proverbs 17.1)
6. Share without pretending (Ephesians 4.15)
7. Enjoy without complaint (Philippians 2.17)
8. Trust without wavering (1 Corinthians 13.7)
9. Forgive without punishing (Colossians 3.13)
10. Promise without forgetting (Proverbs 13.12)



SUMMER TRIVIA

- 1. Out of the following, which did God NOT tell the Israelites to do in order to keep his commandments on their hearts?** (A) Teach the commandments to their children; (B) Defend the commandments in response to the gods of the peoples around them; (C) Talk of them when they sit in their homes, when they walk around, when they lie down and when they rise; (D) Write them on the doorposts of their houses?
- 2. Noah sent two birds from the ark — what were they?** (A) Dove and a sparrow, (B) dove and a pelican, (C) dove and a raven, (D) sparrow and an eagle?
- 3. Name one of the five books in the Bible that contain only one chapter.** Choose from 1 (A) John, (B) Titus, (C) Habakkuk or (D) Obadiah.
- 4. How much of his wealth did Zacchaeus give to the poor?** Was it (A) 10 percent, (B) all of it, (C) half of it or (D) what he had collected in taxes?
- 5. To what city was Saul traveling when he saw a great light and Jesus asked, “Why do you persecute me?”** Was it (A) Jerusalem, (B) Bethlehem, (C) Philippi or (D) Damascus?
- 6. What animal does Moses compare the people of Israel to when speaking to the Lord?** Is it (A) sheep, (B) goats, (C) lions or (D) eagles?
- 7. In Luke, the woman cleans Jesus feet with what two things?** Was it (A) soap and water, (B) water and a towel, (C) tears and a towel or (D) tears and her hair?
- 8. What were the names of the twins who wrestled in their mother’s womb?** Was it (A) Cain and Abel, (B) Paul and Peter, (C) Jesus and John or (D) Jacob and Esau?
- 9. Which of the following is NOT part of the armour of God?** Is it (A) the belt of truth, (B) shield of knowledge, (C) sword of the Spirit or (D) helmet of salvation?
- 10. What book of the Bible do you find Lydia of Thyatira’s story?** (A) Isaiah, (B) Proverbs, (C) Acts or (D) First Colossians?

ANSWERS on Page 31

ATTENTION

DIOCESAN AND BRANCH PRESIDENTS

Mia Mia is available on CD.

**When your eyesight starts to
diminish all is not lost!**

**All articles in the Mia Mia magazine are faithfully recorded for your
entertainment and enjoyment. All you need is a small CD player and
MU news from around Australian will be at**

your fingertips.

**For further information;-
Contact your Branch Treasurer or**

The Producer: Sandra Chambers.

Phone. 0266 583898 Email : sandrachambers@gr8ideas.com.au



FRIENDSHIP

Finding every moment
Just to show you care
Realising time's our treasure
And opportunities are always there
Imagine life without it
Forming clouds so we can't see
Empiness an endless journey
How sad the world would be
Never think kind words are wasted
Or there is nothing in a smile
Devoted to all occasions
And helping hand across each mile
Sharing every dreamtime
To encourage the sun to shine
Humbly sitting and waiting
Till love flows as sweet as wine
Inviting conversations
Is an easy way to start for
Precious are our friendships
Let's keep them close to heart

(c) Denise Snape

OLIVES

Sunlight filters through
branches of the olive tree
weighed down with bitter fruit,
inedible now,
but soaked in brine
tomorrow's gourmet feast.

In my secret shady bower
I ponder on these ancient truths -
the taste of salt
peace and loyalty
and olive branches.

A peaceful dove alights nearby
enters my safe haven
and coos gently in my ear.

© Susan Skowronski 2017

Pause 4 Poetry

AWARENESS

We humans are listening
and seeing beings,
unlike other creatures
on this Earth,
such as the wolf
who relies on smell
and taste or the bat
who depends on
echoing vibrations.
Even our sight and hearing
are within limits.
We don't see the colours
and patterns butterflies
view on flowers,
or the concentric circles
of light and dark
insects see on blossoms.

We are fenced in -
yet we can transcend
our limits of perception
by pushing one another
beyond the boundaries.
We need each other
to broaden our awareness.

(c) Sarah Muller 2017

Note: some ideas on different organisms
and their sensory perception taken from
the book "The Meaning of Human Existence"
by Edward O. Wilson.

RECIPES

NO-BAKE HONEY GINGER JUMBLE SLICE

Makes 20

400g packet digestive biscuits
1 cup desiccated coconut
1/3 cup glace ginger chopped
2 tsp ground cinnamon
1 tsp mixed spice
2 tsps. finely grated fresh lemon rind
100g unsalted butter chopped
2 tbsp. honey
1/2 cup sweetened condensed milk

Topping

1 1/2 cups icing sugar mixture
2 tsp unsalted butter at room temperature
2 tbsp. milk
liquid rose-pink food colouring to tint
2 tbsp. desiccated coconut

Grease an 18cmx28cm rectangular slice pan.
Line base and sides with baking paper extending paper 4cm above pan edges.
Process biscuits in a food processor until finely crushed. Transfer to a large bowl. Stir in coconut, ginger, cinnamon, spice and rind.
Melt butter and honey in a small saucepan over a low heat. Add to biscuit mixture with condensed milk.
Mix well. Press evenly over base of prepared tin
Refrigerate until firm. To make topping place icing sugar, butter and milk in a medium bowl. Stir until smooth. Tint pink. Spread over slice. Smooth over top, Sprinkle with coconut, Lift slice out of pan. Cut into rectangles.

ENJOY!!
with love and blessings
Beryl Starr
Lynwood Branch

SAVOURY PUMPKIN MUFFINS

1/2 cup pumpkin cold mashed
2 bacon rashers cooked finely chopped
1 tsp parmesan large
1 cup milk
1/4 cup vegetable oil
1 egg
1/2 cup cheese grated
2 cup self-raising flour

Preheat oven to 180C and grease muffin tins.

Sift flour into a bowl. Add parmesan and grated cheese to flour, and mix well.

Whisk egg, milk and oil together.

Add bacon and pumpkin to wet ingredients, mix well.

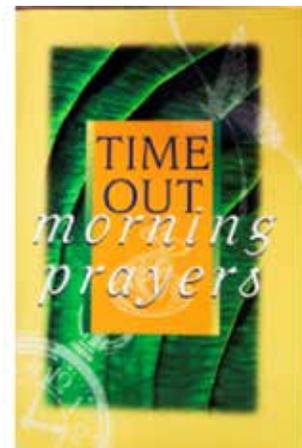
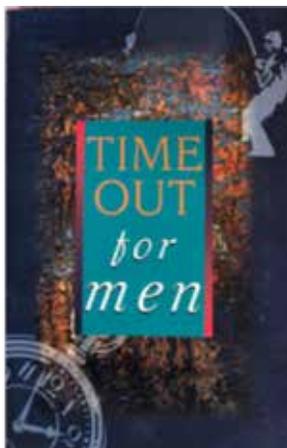
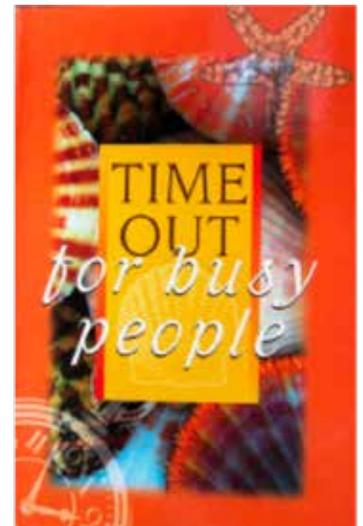
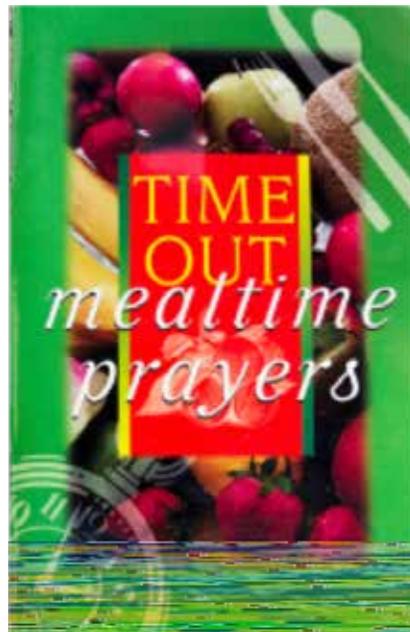
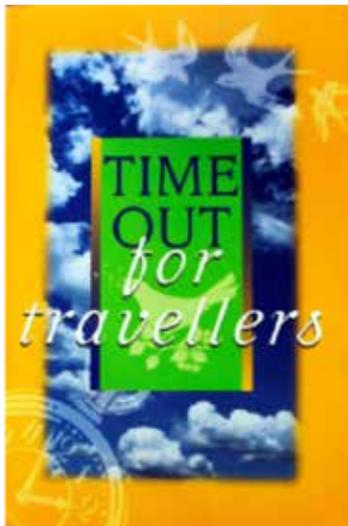
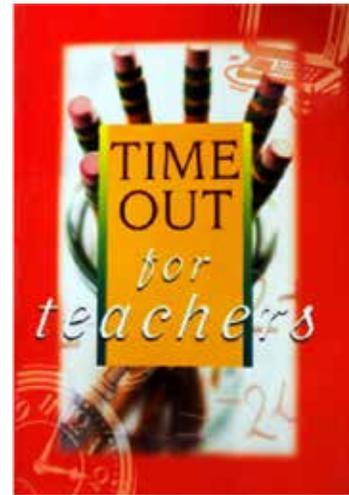
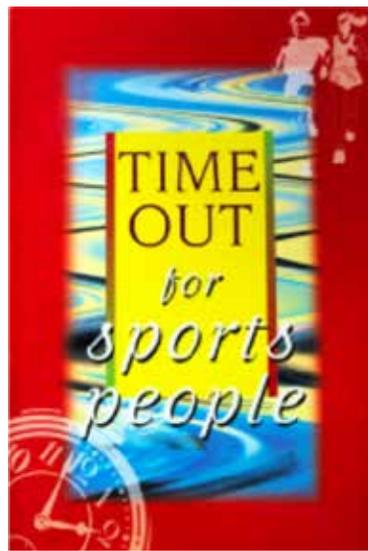
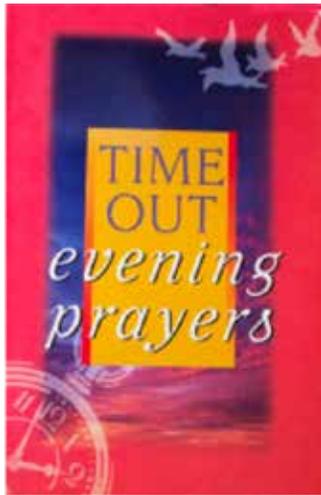
Add wet ingredients to dry ingredients, and mix until just combined. Do not over mix.

Spoon into muffin tins, and bake for 20 minutes.

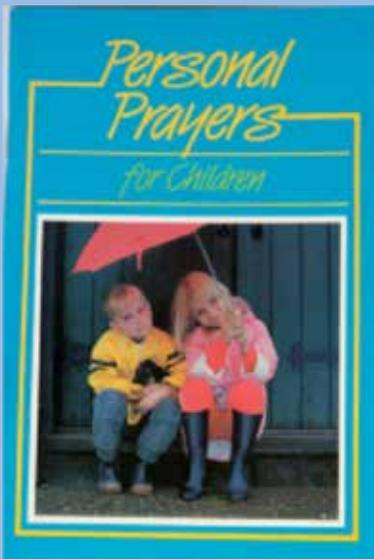
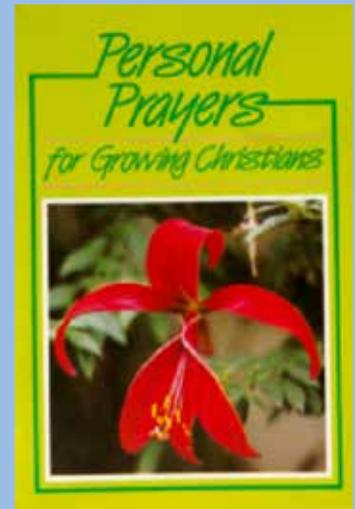
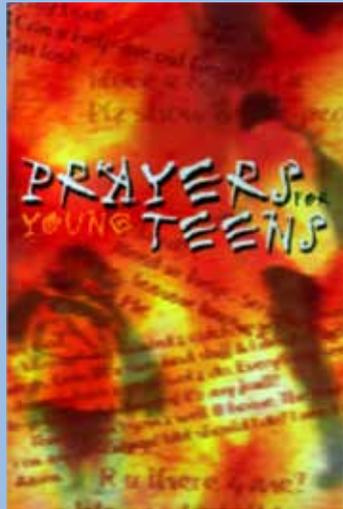
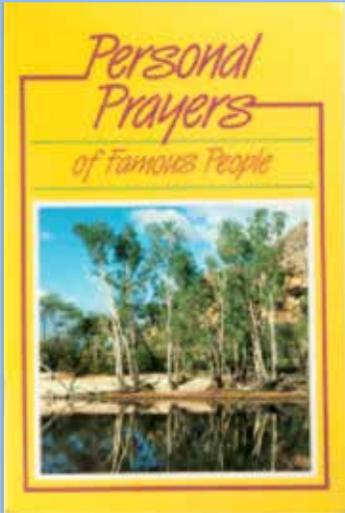
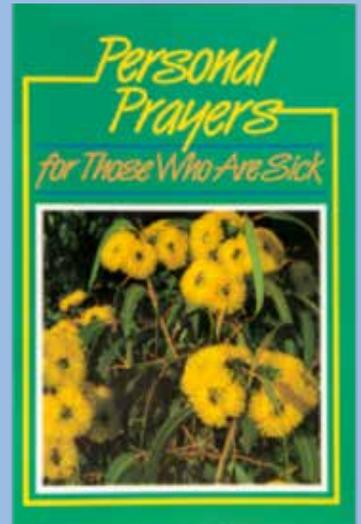
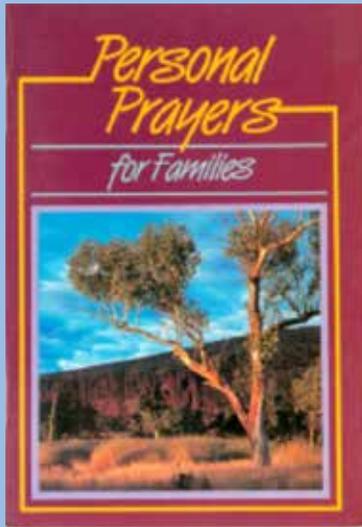
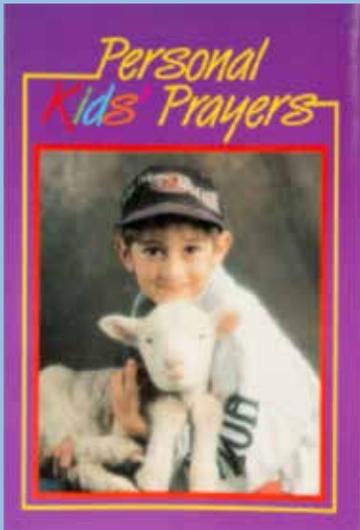
EASY JAM DROPS

2 eggs
3/4 cup sugar
2 cups self-raising flour
125 g butter
1/2 cup strawberry jam
Cream butter and sugar. Add eggs one at a time and beat in.
Add flour and mix into a stiff dough.
Break dough into small pieces, press hole in centre with a cork, and fill with jam.
Bake at 180C for about 15 minutes.
Note: Can replace some of the flour with coconut

Contributions to this page
would be greatly appreciated.



TRIVIA ANSWERS 1. (B) Defend the commandments in response to the gods of the peoples around them; Deuteronomy 6:69; 2. (C) Dove and a raven; 3. (D) Obadiah (The others are Philemon, 2 & 3 John and Jude); 4. (C) Half of it; Luke 19:8; 5. (D) Damascus; Acts 9:3-4; 6. (A) Sheep; Numbers 27:1; 7. (D) Her tears and her hair; Luke 7:44; 8. (D) Jacob and Esau; Genesis 25:22-26; 9. (B) Shield of knowledge; Ephesians 6:10-18 (it's shield of faith!); 10. (C) Acts; Acts 16



AMUA
PUBLICATIONS

