

Faith in action: reflective prayer activity

This resource may be used as the basis for a Quiet Day, a shorter prayer activity or as separate reflections. You may find it helpful to link the prayers with specific local, national or global Mothers' Union projects and initiatives.

Faith in action

What good is it if people say they have faith but do nothing to show it? Someone might claim, "You have faith and I have action." But how can I see your faith apart from your actions? Instead, I'll show you my faith by putting it into practice in faithful action.

James 2:14, 18

**Lord, we hear your word;
let us be doers of your will.**

Christ our Lord,
you showed the world your love
through actions of mercy
as well as words of life.

Your practical deeds of kindness
are ours to emulate.
Your loving model of servanthood
is ours to follow.

**Heavenly Father,
help us to follow your ways
to enable our work to flourish.
May the love of God be seen in us
as we live out our faith through action. Amen**

Love in action

If we are rich and see others in need, yet close our hearts against them how can we claim that we love God? My children, our love should not be just words and talk; it must be true love, which shows itself in action.

1 John 3:17-18

**Lord, we hear your word;
let us be doers of your will.**

May our love for God inspire us
to live out our faith through action.

Let our love for God be displayed

in practical care for his people.

Let our words of love for God
be written in acts of compassion.

May the truth of our love for God
be confirmed by generous deeds.

**Heavenly Father,
help us to follow your ways
to enable our work to flourish.
May our love for God inspire us
to live out our faith through action. Amen**

Prepared for action

God has made us what we are, and in our union with Christ Jesus
he has created us for a life of good deeds,
which he has already prepared for us to do.

Ephesians 2:10

**Lord, we hear your word;
let us be doers of your will.**

Thank you that our union with Christ
enables us to live out your purposes,
which you have lovingly prepared.

Thank you that our union with Christ
equips us to carry out your plans
which you have made ready for us.

Thank you that our union with Christ
empowers us for the life of service
for which we are created.

**Heavenly Father,
help us to follow your ways
to enable our work to flourish.
May our union with Christ prepare us
to live out our faith through action. Amen**

Justice in action

He has shown you what is good.
What does the Lord require of you?
To act justly and to love mercy
and to walk humbly with your God.

Micah 6:8

**Lord, we hear your word;
let us be doers of your will.**

Lord, we would walk with you:
Lead us to play our part
in modelling actions of justice and mercy
that your people may flourish.

**Lord, you have shown us what is good;
let us act with righteousness.**

Lord, we would walk with you:
Lead us to play our part
in championing causes of justice and peace
that your kingdom may advance.

**Heavenly Father,
help us to follow your ways
to enable our work to flourish.
May we walk the path of righteousness
to promote justice through our action. Amen**

Whole hearted action

Therefore, my dear brothers and sisters, stand firm.
Let nothing move you. Always give yourselves fully to the work of the Lord,
because you know that your labour in the Lord is not in vain.
1 Corinthians 15:58

**Lord, we hear your word;
let us be doers of your will.**

Forgive us ,
when not only the flesh is weak,
but our spirit is unwilling.

Forgive us,
when we stray from your work,
enticed by our own comfort.

Thank you,
that your grace is sufficient;
your strength counters our weakness.

Stir us to serve wholeheartedly;
knowing that our labour for you
has eternal value.

**Heavenly Father,
help us to follow your ways
to enable our work to flourish.
May we give ourselves wholeheartedly
to live out our faith through action. Amen**

Serving God in others

The king will answer them,
'I can guarantee this truth: Whatever you did for one of my brothers or sisters,
no matter how unimportant they seemed, you did for me.'
Matthew 25:40

**Lord,
we give thanks that we are all made in your image
and equally loved by you.**

For those we find easy to love and who appreciate our care,
we ask your blessing.

For those we struggle to connect with; who take us for granted,
we ask your blessing.

For ourselves we ask for forbearance and grace,
to serve all with good heart.

And in your mercy, may we catch a glimpse of yourself
in the most unexpected places.

**Heavenly Father,
help us to follow your ways
to enable our work to flourish.
May God in his people be served
as we live out our faith through action. Amen**

Blessing

**We go into the world inspired by the Spirit
to live out our faith through action.
To serve God's people and glorify Christ
by building his Kingdom on earth.
Amen**